

Interstate's Stress-Less Moving Countdown Calendar.

>> Three Months Prior to Moving

- If possible, plan your move outside of the peak season (late spring and summer months). Most movers are booked during this time, which makes it hard to hire the mover you want.
- Survey your house (don't forget the garage, attic, shed and basement). Start making mental lists of items that will not be moving with you.
- Have a yard sale to get rid of items you will not be moving. Donate unwanted items to organizations such as The Salvation Army.

>> Two Months Prior to Moving

- Contact schools, doctors, dentists, lawyers and accountants to obtain copies of your personal records.
- Start interviewing movers. You'll want to get up to five estimates for comparison. Make sure the mover is an AMSA ProMover.

>> One Month Prior to Moving

- Choose a mover and book your move. Order boxes and supplies to start packing if packing yourself.
- Submit a Change of Address form to the Post Office (USPS.com).
- Prepare an Inventory List of single-packed items that will be stored or moved.
- Contact your utility, phone, newspaper, and magazine subscription companies to discontinue/re-establish service at your old and new addresses.
- Secure insurance for your move. All movers provide a minimal level of valuation (buzzword for "insurance.") But you'll want to buy additional insurance from your mover to make sure you are covered.
- Order checks from your bank with your new address.
- Arrange for childcare or pet care on move day, if needed.
- Start packing items that you won't need immediately.

>> Two Weeks Prior to Moving

- Dispose of items that cannot be moved. Dispose properly of hazardous waste.
- Order refills on prescriptions and contacts. It's a crazy time – and you want to make sure you'll have what you need.
- Contact the building management to schedule use of the elevators, if you live in an apartment or condo.

>> One Week Prior to Moving

- Pay your bills.
- Alert neighbors that the moving trucks are coming.
- Drain water hoses. Drain gas from lawn mowers, leaf and snow blowers, and prepare any major appliances for the move.
- Pack a "FIRST NIGHT" box including personal items, bedding and fun things for the kids.
- Confirm childcare, confirm movers, truck rentals, travel arrangements, etc.
- Obtain certified checks (if needed) for the movers.

>> One Day Prior to Move

- Pack any last minute items.
- Write down cell phone information to give to the head of the moving crew.
- Get a good night's sleep!

>> Moving Day

- Make sure that someone is available at your residence to receive the moving company.
- If in a gated community or condominium, notify the management office of the mover's anticipated arrival time.
- Record all utility meter readings (gas, electric, water).
- Review the bill of lading and inventory sheet one last time.



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